

TEACHING 1 – THE ART OF HEALING

The First Teaching is about the ability of healing. One's own spiritual growth process is thereby inseparable and included, because every Teaching implies an enhancement of consciousness. The rise of the vibration of our body leads us to conscious healing work. The more sensitive our body becomes, the more the healing frequency AUNDA can flow limitlessly. It floods through the body and supports the healing process of the AUNDA-healer, as well as the one of the client who is treated with the healing frequency. During the First Teaching the frequencies are felt more and more strongly, the inner strength grows, the radiation changes in a positive way, the universal knowledge increases and the "Berührenlassen" (being touched) by one's own heart are all imprinting experiences on this path.

The seminar takes place during eight days. These days focus on the energetic growth of the participant. The energy field of each person gets a vibration rise every time, which is strongly felt over the body. The energetic light flooding opens the access to spiritual knowledge. Topics about the spiritual world are processed and cleared in detail. Parts of the First Teaching are: the task of the "Elementalbefreiung" (purification from heavy, dark and sick making energies) of persons, and of rooms and places. The topic of "Geistbefreiung" (to help a passed one to go into the light) is discussed and realized in practical learning steps. At the center is the sensitization of the body as well as the concentration on the forthcoming task of healing. Simple anatomical explanations of the human body as well as conscious processes of healing energetically are discussed and deepened with practical examples.

This Teaching is intended for all people who would consciously, openly, and vividly like to form their life. Every person can find his individual task work on this path, which is unique and not comparable.

Prerequisites for the acceptance of the First Teaching: none

Consecrations of the First Teaching:

- ④ Conscious connection with AUNDA and Extension of the Light Body
- ④ Second Extension of the Light Body
- ④ Crystal Frequency
- ④ Third Extension of the Light Body
- ④ Five Elements
- ④ Duplication of the Chakras
- ④ Duplication of the Health Aura
- ④ Archangel ALPHA

- ④ Frequency of the whole First Teaching

At the beginning of the seminar the Textbook "The Art of Healing" will be handed over by the AUNDA-ambassador, at the completion of the First Teaching a certificate.